



Co-funded by the
Erasmus+ Programme
of the European Union



CV MODELS APPRECIATING NON-FORMAL SKILLS

ERASMUS+ PROJECT - STRATEGIC PARTNERSHIP FOR THE
EXCHANGE OF GOOD PRACTICES IN ADULT EDUCATION
PROMOTING DEVELOPMENT, ASSESSMENT AND
RECOGNITION OF ADULTS' NON-FORMAL AND
INFORMAL COMPETENCES
(2019-1-IT02-KA204-062660)

CV MODELS APPRECIATING NON-FORMAL SKILLS

These models of CV were created and shared between July and September 2021 and experimented with the target groups by the partner organizations in the frame of the project **“ProComp - Promoting Development, Assessment and Recognition of Adults' Non-formal and Informal Competences”** (2019-1-IT02-KA204-062660), co-funded by the Erasmus+ Programme of the European Union and coordinated by Travelogue Associazione di promozione sociale (Marsciano, Italy).

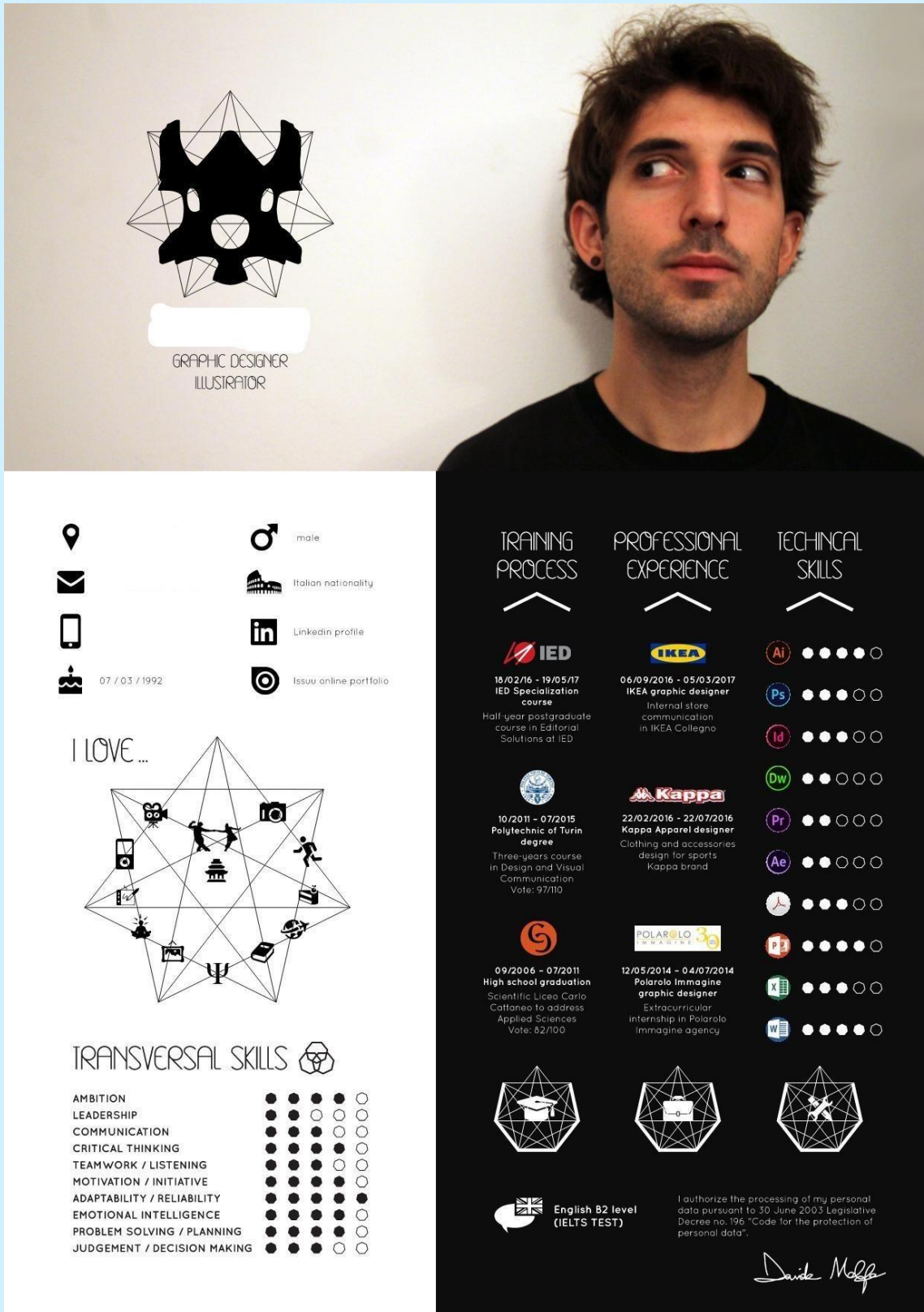
For further information, visit the website: <https://www.procompetences.eu/>.

Partner organisations:

- Travelogue Associazione di promozione sociale (Marsciano, Italy)
- Asociación Iniciativa Internacional Joven (Malaga, Spain)
- Associazione Vita Indipendente Umbria APS (Terni, Italy)
- Epralima – Escola Profissional Do Alto Lima (Arcos de Valdevez, Portugal)
- IMF - Institut Méditerranéen de Formation et Recherche en Travail Social (Marseille, France)

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CREATIVE CV MODELS





**CURRICULUM VITAE
PERSONAL INFORMATION**

5th July 1999

Tallinn (Estonia)

+37

WORK EXPERIENCE

Oct 2017 - Present
STUDENT COMPANY "TIBUTERVIS"
Educational program for children to prevent stress through maintaining a strong mental health. Tallinn (Estonia)
- Training and working with youngsters.
- Teaching different breathing techniques.

2 Aug 2017 - 6 Aug 2017
VOLUNTEER
Inkukuru Festival, Põlva (Estonia)
<http://inkukuru.ee/en>
- Communicating with tourists and locals.
- Using creativity to set up the festival area.
- Selling tickets.

Feb 2017 - Apr 2017
ORGANIZER
School Project: Old Town Educational College, Tallinn (Estonia)
- Leader of the design team.
- Waitress.

Oct 2016 - Nov 2017
TECHNICAL
Student Company, Tallinn (Estonia)
- Hand painting and designing shoes.
- Promoting the work at different fairs.

15 Nov 2014
COOK AND ORGANIZER
TEDxTallinn 2014 "Worlds Imagined", Rocca al Mare School, Tallinn (Estonia)
- Baking and selling many baked goods.
- Quick thinking to solve different problems.

4 Jul 2014 - 6 Jul 2014
GUIDEBOOK SELLER
The Estonian Spring Festival, Tallinn (Estonia)
- Communicating with various locals.
- Selling booklets, guidebooks, badges.

EDUCATION AND TRAINING

18 Jul 2017 - Present
EDUCATION DEVELOPMENT PROJECT "IDEAL SCHOOL"
<http://koosharidus.ee/idealschool>
- Learning ways to develop the school system.
- Learning about price systems.
- Learning about the different curricula and school systems.
- Creating lectures about school experiences and changes.
- Raising awareness about the pros and cons of today's education system.
- Ideal outcome is to create a new school program.

1 Sept 2015 - Present
OLD TOWN EDUCATIONAL COLLEGE, TALLINN (ESTONIA)
- Specializing in art.

12 Jul 2017 - 18 Jul 2017
EDUCATION DEVELOPMENT CAMP "IDEAL SCHOOL"
<http://koosharidus.ee/idealschool>
- Practicing different mind-training techniques.
- Active debates about the modern ways of learning.
- Discussing price classes.
- Learning the methods how to reduce your ecological footprint.
- Practicing the methods of non-formal education.
- Learning how to strengthen team and share roles.
- Learning about conflict resolution.

18 Jul 2015 - 7 Aug 2015
**ERASMUS+ YOUTH EXCHANGE
GO TO DISCOVER ONESELF AND OTHERS: ONE STEP FOR SOCIAL INCLUSION**
- Good practice of English and communication skills.
- Retaining a small village today.
- Practicing the methods of non-formal education.
- Sharing the environmental situation between the participating countries.

1 Sept 2013 - 31 May 2019
TALLINN ART SCHOOL
<http://tallinnkunstikool.ee>
- Learning about:
- Art history.
- Graphic design.
- Etching.
- Sculpture.
- Painting.
- Drawing.
- Composition.
- Creative thinking.

1 Sept 2009 - 31 Jul 2010
ELEMENTARY SCHOOL DIPLOMA
Rocca al Mare School, Tallinn (Estonia)

1 Sept 2011 - 31 May 2013
ART STUDIO OF HOMME
- Discovering various methods of art.
- Learning the basics of painting, drawing.

PERSONAL SKILLS

MOTHER TONGUE(S): ESTONIAN
OTHER LANGUAGE(S):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Speaking	Reading	
ENGLISH	B1	B1	B1	B1	B1
FRENCH	B1	B1	B1	B1	B1
SPANISH	B1	B1	B1	B1	B1

Levels A1 and A2 Basic user: B1 and B2 Independent user: C1 and C2 Proficient user
http://ec.europa.eu/education/competences/competences_en.htm

COMMUNICATION SKILLS
Excellent communication skills gained through my experience:
As a volunteer in Inkukuru Festival in 2017.
As a guidebook seller on the streets in 2014.
As an organizer of different school events.
As a participant in Erasmus+ project.

ARTISTIC SKILLS
Good artistic skills and creative thinking gained through:
- Studying in Tallinn Art School for three years.
- Learning to think outside the box in High school, Old Town Educational College.
- Going to art workshops when I was a kid.
- Competing in many art contests like UNESCO in Toyes.
- Being the head of design teams of many events.

DIGITAL COMPETENCE
- Good command of office suite (word processor, spread sheet, presentation software).
- Good command of photo editing software gained as an amateur photographer.
- Good command of video editing.
- Good command of Adobe programs (Adobe Photoshop, Adobe Illustrator, Adobe InDesign).

TEMPLATES FOR CV

Name and surname	
Address — Telephone number — E-mail	
➤ Position:	
➤ Employment experience:	Job description Name of organization/company; City/Town Duration of Employment This area should include a brief description of important tasks and achievements.
➤ Education:	Name of school and address Graduation Year Title/Specialization
➤ Training and other courses:	Name of training Course Name of the institution Year of completion Total number of hours
➤ References:	Name and surname of the reference person, Company Contact information
➤ Additional Skills	This area should include a list your strengths - additional skills, interests, knowledge of foreign languages, etc.

JOB TITLE



WORK EXPERIENCE



EDUCATION



VOLUNTEER EXPERIENCE



LANGUAGE SKILLS



Language 1



Language 2



COMPUTER SKILLS



INTERESTS

First name LAST NAME



Address

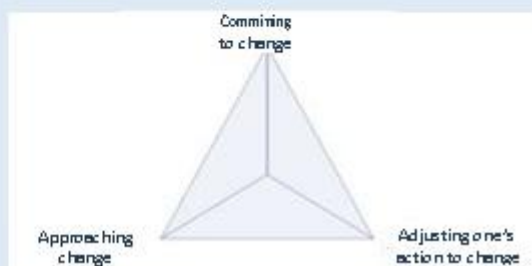
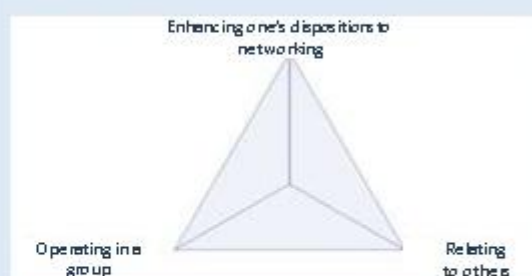
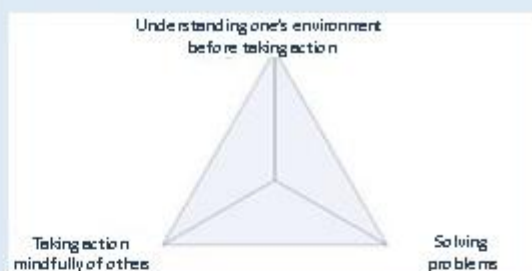
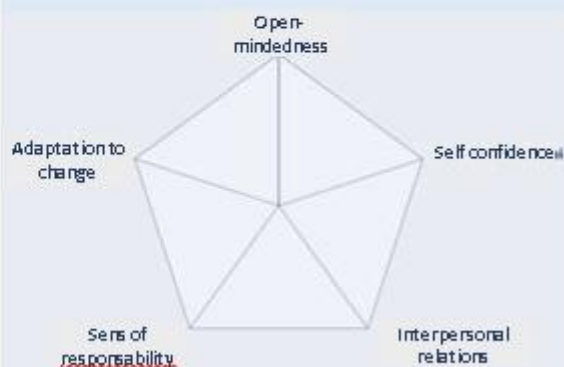


E-Mail



Telephone

INFORMAL SKILLS





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